

**“Don't Believe Everything You Think”:**  
**Discover a Treasure Map to Happiness**

**with Wendy Treynor**  
**wisdom-keeper, healer, storyteller & artist, from LA**

**Imagine your life as a  
grand sailboat.**

**Are you the captain?**

**Or do you often feel  
like a captive on a  
boat overrun by pirates?**



**Dive into the realm of inner exploration  
through a unique blend of lecture,  
meditation, light yoga, nature walks,  
group and personal exercises, creative  
activities & more.**

**Sunshine Room April 13 & 14**

**Sat 2:00 – 5:00 & Sun 10:30 – 12:30 & 2:00 – 5:00.**

**Sliding Scale £50 - £120. Bursaries available.**

**Call Fabien 07442107333.**

**Register: [www.ICanHeal.LA](http://www.ICanHeal.LA) or at the Door.**