

Dr. Wendy Treynor

Teacher of Self-Love & Happiness Expert



DR. WENDY'S *I CAN HEAL*[™] PRESENTATIONS

Using her cancer story as a metaphor for challenge and tough times, with warmth and humor, as both storyteller and scholar, Dr. Wendy inspires us to overcome perceived obstacles, live up to our true potential, and access the joy that is ours.

A Treasure Map to Happiness

Are you ready to feel good?

Learn how to...Enhance the quality of your life, set yourself free from conflict and despair over unwelcome events in your life, find meaning in your life, appreciate your life even if everything you thought *would* be is *not*, transcend hopelessness, take control of your life, find joy, freedom, peace! In this energetic and inspiring presentation that has been proven to increase participants' love of life, Wendy Treynor, Ph.D., cancer survivor ('05), depression survivor ('05), scientist of human emotion, thought, & behavior (Social Psychology, '04), and author, shares her cancer story and perspective, as both scientist and human being, on *how to create a life worth living*: how we can cultivate a sense of joy, peace, freedom, and meaning in our lives, even if everything we thought would be is not.

“One of the most inspiring, loving, and life-changing speeches I have had the honor of attending and taking into my [heart]...”

-Christine Nakanishi

“Terrific—very inspirational.

Wendy is an *electric speaker*.”

-Michelle Kobayashi

“It was excellent and her enthusiasm and vivacity are *amazing*.”

-Kathryn Lee

“...[S]he *lifted my inner being!*

...[T]his subject appeals to any crisis

...[Wendy has a] gift

...great enthusiasm, energy, it’s contagious”

-Peggy Maddox

“AMAZING—”

-Pat Johnson, Pat Johnson Studios

“You are a **rock star**. You made me smile, cry, and gave me a positive way to look at things[.]”

-Linda Montano

“... **BEAUTIFULLY PRESENTED.**”

-Bernard Schmidt, 4x Cancer Patient

“**[E]xcellent**”

-Mary Reeves

“Fantastic! Thank you for this **amazing experience**”

-Harriet Schmidt

Don't Believe Everything You Think: Ten Illusions That Prevent Us From Finding True Happiness®

Are you ready to feel good?

At the root of human suffering lies negative emotion, and when it comes to alleviating it, the trick is not necessarily to rid ourselves of the circumstances that create the negative emotion, but instead, to rid our body and mind of the negative emotion, itself. In this energetic, fun, and fascinating presentation, you'll learn 3 ways to rid yourself of negative emotion. This presentation will inspire you to remember what your options are—to supply "seeds" for you to plant, and cultivate, in your own life, so that you can cherish who you truly are, and feel the joy that is yours, regardless of circumstance.

“Wendy is *pure joy*.”

-Les Krzcuk

Wonderful!!

-Mirha Rhyne

“[G]reat [program and speaker]—*I left here with a positive outlook on so many levels*”

-Julie Lauen

“SIMPLY *EXCELLENT*”

-Stan Field

“Very **uplifting** and positive. A way/**ways to move on with love and compassion**—to
move [ahead] ...”

-Diane Wing

“[T]he overall program was **A+[,]** I enjoyed the speaker and her style of delivery”

-Lem Bradley

"THE VISUALS, AND PERSONAL STORIES[,] ARE **AMAZING....**

FANTASTIC AND EMPOWERING!"

-Emanuel Zevallos, CEO, Interact Live

“COULD NOT HAVE BEEN DONE BETTER”

-Mike Alva

Why People Can Be Happy Making You Unhappy & How You Can Be Happy®

Are you ready to feel good?

Join Wendy Treynor, inspirational speaker, scientist of human emotion, thought, & behavior (2004), psychologist, cancer and depression survivor (2005), and author of the book “Towards a General Theory of Social Psychology” (2009) for an energetic and illuminating presentation in which she shares her perspective, as both scientist and human being, on why some people are happy making others unhappy—an insight which comes from *Socialization Theory*, a tapestry of scientific findings she has woven together to elucidate the relationship between identity, emotion, self-esteem, depression, culture, identity, and conflict. Although scientifically informed, this lighthearted and engaging presentation serves to inspire, empower, and educate and is sure to excite any palate.

“Brilliant[.] Excellent. Powerful. Compassionate[.]”

-Lisa Hasham, Social Worker, M.S.W.

“Outstanding...Magical...”

-Denise Pope

Property Administrator, Raytheon

“Wonderful, Positive Energy

A Bright, Timely Message”

-Lindsay Bern

“More than excellent”

– Lorie Dolce

Everyday Sacred: Society, Spirituality, & The Self[®]

Are you ready to feel good?

Wendy shares her perspective, as both scientist and human being, on the nature of *spirituality*. Spirituality is *the process of coming to rediscover who you truly are*. The socialization process, and its *conditional love*, has led to our forgetting. This presentation will teach you how to remember.

“INCREDIBLY GREAT—MIND BOGGELING”

–Stanley Field

“The strongest energy that was there was love.”

–Kasey Kugel

“SHE IS EXCELLENT, VERY INTERESTING”

–Mr. Zsolt Carl Petroczy

“Tonight was *all* incredible!!”

-Patte Elrod

“Delightful, insightful and expertly & lovingly presented.”

-Paula Anding, Mrs, Coast Lighting South Bay

“Wonderful!

Wendy is a very special person.

She emits/radiates a special energy that is so calming.”

-Deborah Koch

“All of it was very insightful... Loved it & her (Wendy)”

-Gerard Keenan

“She’s wonderful, and I’d love to hear her lecture on this topic again soon as a booster shot.”

-Patricia Batchelor, Patient

“Very good...a pleasure to listen to!”

-Susan Racklin-Bernstein

“Very insightful and inspiring”

-Francis Arches

“[V]ery passionate”

-Iris Lee Knell, LCSW, M[anhattan] B[each] Schools, and cancer survivor

GREAT MESMERIZING PRESENTATION LEAVING YOU WITH POSITIVE FEELINGS & A
SENSE OF CALM”

-Diana Young